

## Safe Havens programme

### What is it all about?

We want to see Lewisham become a safer community for young people, and we believe that young people themselves are the ones who can make this happen.

Our Safe Havens Programme inspires young people to take responsibility and empowers them to make their community safer.

### Who is it for?

We work with young people in Years 5, 6, 7 and 8 in schools across the borough of Lewisham.

We work with around 25-30 young people in each programme.

We especially welcome young people who have experienced bullying, or perhaps who have been involved in bullying others – we work to inspire self-confidence, greater empathy with others and reflection on consequences of actions.

### How does it work?

We run 6 sessions, one morning per week, for 6 weeks. A typical session runs from 9am – 12pm.

Weeks 1, 2, 3 and 6 are in the school, with a range of activities and discussions, both as a whole group, and split up into smaller groups.

Weeks 4 and 5 involve a visit to the local high street – the Safe Haven walks – getting to know business owners and setting up Safe Havens.

### Who runs the programme?

The team from For Jimmy consists of a lead worker – our Schools Manager – and up to 5 Mentors/Group Facilitators who are also experienced school or youth workers.

Each Mentor takes the same group of 6 or 7 students for all small group activities across the whole 6-week programme, which means that they build great rapport and relationships of trust.

## What do they actually do?

Our sessions are broken up into talks, videos, small group discussions, games, role play and other activities that help to explore the key themes of our programme.

We split our activities roughly into three modules: Living Together, Dreaming Together and Working Together.

Living Together involves thinking about the way in which we are all connected in the community, so that we care about others, take responsibility for our actions and work towards building greater trust.

Dreaming Together is all about imagining the best, safest, and most connected community, and realising that this involves bringing together a wide range of different experiences and opinions.

Working Together is the final step, as we value different people's skills, roles and personalities and take action together not only in the school but out in the community. This process involves getting to know local shopkeepers and asking them to become Safe Havens – spaces in the community that young people can turn to when they feel unsafe.

## What is the outcome?

Our mission at For Jimmy is to create the safest communities for young people to grow up in.

Our impact report shows us that we are building safer communities through achieving three key outcomes:

- ▶ **Inspiring greater individual responsibility**
- ▶ **Building more connected communities**
- ▶ **Creating more safe spaces for young people to turn to**

Please get in touch to download our impact report for 2017-18



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